



Registration Form

16 September 2012
Victoria Park, London E9.

The Lord Mayor's Appeal 2012, 'Fit for the Future' strives to promote better health opportunities for all and particularly those from some of the UK's most deprived areas.

To enter the 10k please complete the information below:
The 10k starts at 10.30am

10k Individual – (Fee £18)

10k Team – Please add number of entrants in box (Fee £18 each)

You must be over 16 to take part in this event

Tick below to receive the following:

Regular race info Offers for runners The Appeal e-newsletters

Lead booker details Dr Mr Mrs Ms Miss

Male Female

Family name _____

First names _____

Address _____

Post code _____

Telephone number _____

Email address _____

By providing your email address you will receive updates on the 10k race and fun run and important information on the day.

Club name (if applicable) _____

Date of birth _____ Age on race day _____

Please help us by telling us how you heard about this event _____

Fundraising

We ask all runners to raise money through sponsorship, to support the charities benefitting from the Lord Mayor's Appeal 2012, 'Fit for the Future'.

Please tell us how much money you are hoping to raise £ _____ e.g. £100 Further information on the projects you will be helping will be sent to you following registration, but you can also visit our website to find out more.

Will your employer match or contribute to the amount you raise Yes No

Your fundraising story

Please use this section to tell us about any interesting stories and fundraising ideas you have or if you have a special reason for taking part in the Lord Mayor's Appeal 2012 10k race and fun run.

Please note that stories, quotes and other information provided here may be used by the race commentator on the day and in fundraising newsletters.

Payment information

I enclose a cheque / postal order for my registration fee. Please make cheques payable to **The Lord Mayor's Appeal 2012**.

Please charge my credit / debit / Switch / Maestro card

Card number: _____

Issue number: _____ Security number: _____ Start date: _____ | _____ Expiry date: _____ | _____

If you would like to make an additional donation to The Appeal, please tick this box and state the donation amount £ _____

Please continue overleaf

Terms and Conditions

By taking part, all participants confirm that they are happy for their names and any footage or photographs taken during their participation in the Lord Mayor's Appeal 2012 10k race and fun run to be used to publicise this event and 'Fit for the Future' generally, including television broadcasts.

Any form of exercise can be strenuous, please make sure that you are medically fit before attempting this event. The beneficiary charities of The Lord Mayor's cannot be held responsible for loss or damage to personal effects, personal accident, injury or for any expenses related to this event.

Barts and The London Charity have full Public Liability Insurance for this event.

Entry fees are non-refundable, non-deferrable and non-transferable, even in the case of event cancellation.

By supplying contact details including an email address, the entrants confirm they are happy to be contacted by organisers of the Lord Mayor's Appeal 2012 10k race and fun run with race information and details on projects where funds raised from the event will be directed to.

By signing up to this event applicants commit to fundraising for the projects supported by The Lord Mayor's Appeal, 'Fit for the Future'.

I have read and understood the terms and conditions.

We would like to contact you next year with information on the 2013 10K and Fun Run, but if you would rather not receive fundraising information from the charity beneficiaries of The Lord Mayor's Appeal 2012 please tick this box.

Signed _____ Parent/guardian signature _____
(if under 16)

Print name _____ Date _____

Return completed form with payment to:

10k race and fun run, The Lord Mayor's Appeal, Ground Floor, 12 Cock Lane, London EC1A 9BU.

Tel. 020 7332 9340

For more information please visit our website www.lordmayorsappeal.org

Proceeds for The Lord Mayor's Appeal 2012 are distributed between Barts and The London Charity (70%) Charity No: 212563, Fields in Trust (10%) Charity No: 306070, Futures for Kids (10%) Charity No: 1124171, The Rowing Foundation (5%) Charity No: 281688 and London Youth Rowing (5%) Charity No: 1122941